



June 2010 Parent Courses and Activities

Date	Time	Program	Instructor/Presenter	Location
June 3	9:30a	Celebration and Appreciation of Music and Culture	Ballou HS Band, Darrell Watson, Ballou HS Band Director	Johnson MS (140 Bruce Pl, SE) 202-645-6619
June 3	Noon	Celebration and Appreciation of Music and Culture	Ballou HS Band, Darrell Watson, Ballou HS Band Director	Hart MS (601 Mississippi Ave, SE) 202-645-6619
June 3, 10, 17	4:45 – 7:15 p	Fit Family	Children's National Medical Center	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
June 5, 19	9:30a-Noon	Saturday Learning Partnership	Mildred Lockridge and Crystal Powell, Office of Family and Public Engagement	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
June 5, 19	11:30a-12:30p	Introduction to the U.S. Citizenship Process	Gloria Williams-Brevard, Community Relations Officer, U.S. Citizenship and Immigration Services	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 8, 22	10:30-11:30a	Neighborhood Story Circle	Polly Ross, Mt Pleasant Children's Librarian, D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 9	1:30-2:30p	Signs Under the Sea	D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 9, 16, 23	6p	Family Book Club	Marketta Wiley, OFPE	PFRC Ward 7 (5601 East Capitol Street, SE) 202-645-4374
June 10	6:30-7:30p	Preparing to Listen and Talk to Your Child about Sexual Orientation	Suzanne Greenfield, School Culture Specialist, Office of Youth Engagement	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 12, 19, 26	10:30-11:30a	STAR (Sing, Talk and Read): Early Childhood Literacy Tools	Polly Ross, Mt Pleasant Children's Librarian, D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 15	6:30p-7:30p	Fun and Free in DC: Parents Guide to Summer Learning at Home	Sarah Johnson, OFPE	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 17	9a-10a	Introduction to the U.S. Citizenship Process	Gloria Williams-Brevard, Community Relations Officer, U.S. Citizenship and Immigration Services	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028
June 17	9:30a	Giant Food Healthy Cooking Demonstration	Crystal Powell, OFPE and Giant Foods	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619
June 30	6:30p	Living Classroom	D.C. Public Library	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028

Activities

Date	Time	Event	Instructor/Presenter	Location
June 3, 10, 17, 24	6 - 7:30p	Game Changers	Neal Ables, Office of Family and Public Engagement	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE) 202-645-6619

Special Event

Date	Time	Event	Instructor/Presenter	Location
June 11	6-8:30p	Multicultural Family Night	Ward 1 Parent and Family Resource Center	PFRC Ward 1 (inside Harriet Tubman ES, 3101 13 th St, NW) 202-673-2028

Celebration and Appreciation of Music and Culture

Students, teachers, and parents are invited to come and enjoy some great music and talent by the renown band in our community – Ballou HS. They have traveled and performed locally and nationally. For students who are entering 9th grade at Ballou HS (and parents of these students), there will be some one-on-one and Q & A time for those interested in music and being a part of the band. The band director will also discuss the importance of academics in order to be a part of the band.

Family Book Club

Spend time with your child and other families reading books, playing games and strengthening your child's love for literacy. Families receive a free book to take home during each Family Book Club and light refreshments will be served. For ages 6 and under.

Fit Family – Education, Fitness, and Overall Wellness

This seven-week course includes nutrition education, fitness, and a healthy snack every week for the whole family. You will learn how to cook and eat healthier, have a more active lifestyle, receive a 2 year membership to the Boys and Girls Club, and be eligible for raffles, prizes, and giveaways. This is a free, fun program for parents and children (ages 6-18). This course is facilitated by Children's National Medical Center Fit Family Program.

Fun and Free in D.C. – Ways to promote summer learning at home

Not sure how to keep your child enthusiastic and engaged about learning this summer? Drop by to learn what you can do with your child in the City and on-line to foster year-round learning.

Giant Food Nutrition Cooking Demonstration

Learn how to make some delicious and nutritious dishes in one hour. It's much easier and cost effective than you think! This is hands-on session will provide you with tips on what to eat and healthy ways to prepare it. You don't want to miss this!

Introduction to the U.S. Citizenship Process

Becoming a U.S. citizen is an exciting process – but it can also be overwhelming. Come to learn about how to begin and what to expect as you go through the immigration process.

Living Classrooms

Explore and learn with hands-on activities that reveal the environmental impact of local waterways. Ages 6 and up. Facilitated by the D.C. Public Library.

Neighborhood Story Circle

Come celebrate reading and literacy through reading, singing and dancing. For parents/caregivers and children ages 0-5.

Preparing to listen and talk to your child about sexual orientation

Did you know that 12% of D.C. teens self identify as gay, lesbian, bisexual or questioning? Research shows that gay, lesbian, bisexual and transgender (GLBT) youth are more susceptible to involvement in high risk behaviors (truancy, drug and alcohol abuse, depression, suicide, unsafe sexual practices) because they are not sure how to share their feelings with their parents/caregivers. This is a workshop for parents/caregivers who want to know more about the issues and resources available to support youth and their families.

Saturday Learning Partnership

This program reinforces Math and Literacy Skills for children in grades Pre-K-12. The unique aspect of this program is that parents and children work *together*. Classes are facilitated by Mrs. Mildred Lockridge and other highly qualified teachers and veteran instructors. Breakfast is provided. Open to all DCPS parents and students.

Signs Under the Sea

Dive into splashy stories, songs and fun activities that explore the world of underwater animals through American Sign Language. Ages 3 and up.

STAR (Sing, Talk and Read) Program

These interactive workshops will teach you how to help get your preschool child be ready to read at a young age. Free books and breakfast are provided at each session. For parents/caregivers with children 3 to 5 years old.

Activities

Game Changers: Game on! Join other fathers/male caregivers ages 30 and over to exercise and discuss the role of men in their children's education. *Please note: child care is not provided at this program.*

Special Event

Around the World in One Night: A Multicultural Family Night

Join other DCPS families for this celebratory and educational evening of live performances, educational family activities, and food tasting from around the world and around the neighborhood. Speak with various community groups who will be on-site to provide information and see what's happening in DCPS.

For more information about events, call one of the Parent and Family Resource Centers:

Ward 1: 202-673-2028 **Ward 7:** 202-645-4374 **Ward 8:** 202-645-6619 **Central:** 202-442-5036